## **Lesson 1 | Introduction**

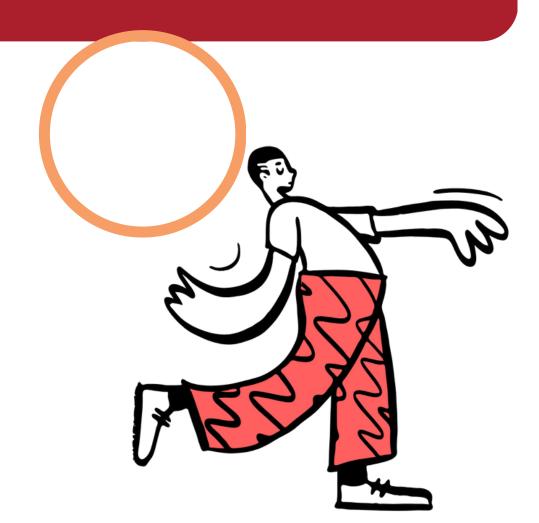


**Assignment 1** 

Music styles

In healthcare, music is used in various ways to support the care recipient. Nowadays, there are many ways to find and listen to music.

- 1. Through which mediums do you listen to music? (You can think of YouTube, Spotify, etc.)
- 2. What are your top 3 music styles?
- 3. Explore your chosen medium for music styles you have not heard before and listen to a few songs.
- 4. Which music style had you not heard of before?
- a. What do you think of it?
- 5. There are various websites or playlists available online for the older demographic. Conduct online research and gather a few sites where you can find playlists or advice about music for the older demographic



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**Assignment 2** Poster

For the next assignment, you are going to create a music poster. Music and emotion are closely linked. Everyone has memories connected to music, such as the lullaby your mother sang to you, your first relationship, a holiday, going out, or a funeral.

In your poster, incorporate various images that match the music and the emotions you might feel while listening to it.

https://www.canva.com/nl\_nl/ https://piktochart.com/nl/poster-maker/

















